

# FYZICAL®

## Patient Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Social Security # \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone # \_\_\_\_\_ Relationship \_\_\_\_\_

Primary Care Physician / Family Doctor(s) \_\_\_\_\_

Are you currently under the care of a Home Health Agency? \_\_\_ No \_\_\_ Yes, name of Co. \_\_\_\_\_

How did you hear about FYZICAL ? \_\_\_\_\_

## Insurance Information

Medicare # \_\_\_\_\_ Part B effective date \_\_\_\_\_

Insurance Policy # \_\_\_\_\_ Group #: \_\_\_\_\_

Policyholder's Name: \_\_\_\_\_ Relation to Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

Insurance Address (if other than above): \_\_\_\_\_

### \*If Patient is a minor\*

Responsible party for bill if other than patient: \_\_\_\_\_ Relationship: \_\_\_\_\_

Responsible party's address (if other than above): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_

### Consent for Treatment:

I hereby consent to receive care for therapy services by FYZICAL. I consent to medical treatment as is deemed necessary or advisable by the physical therapist.

### Consent to Release Medical Information:

I authorize FYZICAL to release any information acquired in connection with my therapy services including, but not limited to, diagnosis, clinical records, to myself, my insurance(s), physician(s), and \_\_\_\_\_

### Consent to Obtain Medical Information:

I authorize FYZICAL to obtain and acquire any information that would be beneficial in connection with my therapy service, which may include X-rays, Cat scans, and MRI reports, along with Physician's Documentation.

### Assignment of Insurance Benefits:

I hereby authorize payment to be made directly to FYZICAL.

### Guarantee of Payment:

I agree to pay any charges that my insurance does not pay. I am responsible to pay any un-covered portion on the date services are rendered. I am responsible for any incurred costs on overdue balances including, but not limited to, late fees, interest fees, legal fees, and collection agency fees.

**I hereby certify that I understand these rights as set forth.**

Patient/Responsible Party Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# FYZICAL®

## Client Health Questionnaire

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Please describe your Current Complaint or Limitation: \_\_\_\_\_

Please describe how your problem began: \_\_\_\_\_

Please tell us how long ago your condition started: \_\_\_\_\_

List tests or other interventions for this condition that you have had: \_\_\_\_\_

Please indicate the daily activities that you cannot perform: \_\_\_\_\_

Please indicate your level of functioning prior to the onset of this condition: \_\_\_\_\_

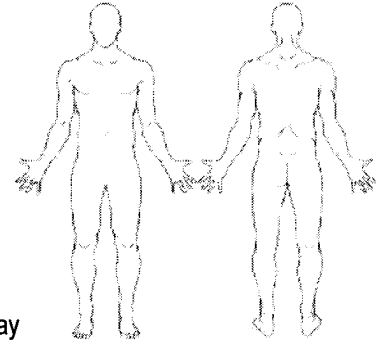
Please inform us of any environmental or living conditions that may have difficulties with: \_\_\_\_\_

Did you have surgery?  No  Yes Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Procedure: \_\_\_\_\_

Please describe the nature of your symptoms (check all that apply):

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Vertigo                | <input type="checkbox"/> Sharp Pain       | <input type="checkbox"/> Constant (76 – 100%)         |
| <input type="checkbox"/> Lightheadedness        | <input type="checkbox"/> Dull (Pain) Ache | <input type="checkbox"/> Frequent (51 – 75%)          |
| <input type="checkbox"/> Imbalance              | <input type="checkbox"/> Throbbing        | <input type="checkbox"/> Occasional (26 – 50%)        |
| <input type="checkbox"/> Feeling "off"          | <input type="checkbox"/> Numbness         | <input type="checkbox"/> Intermittent (25% - or less) |
| <input type="checkbox"/> Ear Pressure/Pain      | <input type="checkbox"/> Shooting         |   |
| <input type="checkbox"/> Motion intolerant      | <input type="checkbox"/> Burning          |   |
| <input type="checkbox"/> Migraine/Headaches     | <input type="checkbox"/> Tingling         |   |
| <input type="checkbox"/> Head Injury/Concussion |   |   |

Please Mark on the picture locations of pain



Level of symptoms at rest from 0 (No symptoms) to 10 (Unbearable symptoms) \_\_\_\_\_

Level of symptoms with activity from 0 (No symptoms) to 10 (Unbearable symptoms) \_\_\_\_\_

Since this condition began your symptoms have:  decreased  not changed  increased

Your symptoms are worse in:  morning  afternoon  night  increased during the day  same all day

Activities or positions that increase symptoms: \_\_\_\_\_

Activities or positions that decrease symptoms: \_\_\_\_\_

Occupation \_\_\_\_\_ Has your work status changed because of this condition  YES  NO

If you have ever had a listed condition in the past, please check it in the PAST column. If you are presently troubled by a particular condition, check it in the PRESENT column. The information you provide concerning past and present conditions and diseases assist your therapist in more thoroughly understanding your state of health.

### PAST PRESENT

- |                          |                          |                            |        |
|--------------------------|--------------------------|----------------------------|--------|
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure        | Angina |
| <input type="checkbox"/> | <input type="checkbox"/> | Angina                     |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Attack               |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke                     |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma                     |        |
| <input type="checkbox"/> | <input type="checkbox"/> | HIV/AIDS                   |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer – Location:         | Date:  |
| <input type="checkbox"/> | <input type="checkbox"/> | Tumor                      |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Systemic Lupus             |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis                  |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy                   |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                   |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis       |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Arthritis                  |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Pregnancy                  |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Incontinence               |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Other _____                |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Tobacco Use – packs/day:   |        |
| <input type="checkbox"/> | <input type="checkbox"/> | Drug or Alcohol Dependence |        |

Present: Weight \_\_\_\_\_ Height \_\_\_\_\_ ft \_\_\_\_\_ in.

Have you fallen in the last year?  NO  YES - If yes, how many? \_\_\_\_\_

Medication: (Name/Dosage/Frequency/Route Administered)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**\*\*If you need additional room for medications please bring a separate document on your next visit**

Hospitalization/Surgical Procedures (list if not described elsewhere):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have a Pace Maker:  NO  YES



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**PATIENT HIPAA CONSENT FORM**

I understand that I have certain rights to privacy regarding my protected health information. These rights are given to me under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that by signing this consent I authorize you to use and disclose my protected health information to carry out:

- \*Treatment (including direct or indirect treatment by other healthcare providers involved in my treatment);
- \*Obtaining payment from third party payers (e.g. my insurance company);
- \*The day to day healthcare operations of this practice

I have also been informed of and given the right to review and secure a copy of your Notice of Privacy Practices, which contains a more complete description of the uses and disclosures of my protected health information and my rights under HIPAA. I understand that you reserve the right to change the terms of this notice from time to time that I may contact you at any time to obtain the most current copy of this notice.

I understand that I have the right to request restrictions on how my protected health information is used and disclosed to carry out treatment, pay the health care operations, but that you are not required to agree to these requested restrictions. However, if you do agree, you are then bound to comply with this restriction.

I understand that I may revoke this consent, in writing at any time. However, any use or disclosure that occurred prior to the date I revoke this consent is not affected.

Print Patient Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PATIENT MISSED APPOINTMENT POLICY**

We strive to provide our patients with the utmost professionalism and excellence of service. Our commitment to your wellbeing and the gain of your physical abilities is something that everyone in the clinic takes quite seriously.

Because we care so much about you we realize that it would be a disservice to you if we did not emphasize the importance of your own commitment to the care you need to receive and to the actions we ask you to do.

Your adherence to the recommended number of treatments is a vital component of your progress with our service; therefore, we have certain rules that need to be followed in order to ensure the most optimum results.

We expect you to keep all your appointments. Write down the time of your visits so that you do not forget.

With the exception of serious emergencies, it is expected that you keep all of your appointments. If you need to re-schedule an appointment, we required 24 hours notice. In such a case, please call our office and arrange for a make-up appointment with our Front Desk Receptionist. The make-up appointment needs to be in the same week, preferably the very next day.

In an instance of a cancellation without 24 hours notice, or no-show to a scheduled appointment, we reserve the right to charge you a \$25 fee.

In instances of repeated non-compliance with your scheduled visits, we also reserve the right to discontinue care and will inform your physician of the fact that your service has been discontinued due to non-compliance with the prescribed rehabilitation order.

We appreciate you greatly as our patient and strive to accomplish wonderful results and success for you.

Wayne Goffin, MSPT  
President of Fyzical Therapy & Balance Centers

I have read and understand this policy: \_\_\_\_\_ Date: \_\_\_\_\_

## CLIENT NEEDS SURVEY

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NAME

EMAIL

CASE#

- |   |     |    |
|---|-----|----|
| 1. Have you had a fall in the past year?  | Yes | No |
| 2. Do you have a fear of falling?   | Yes | No |
| 3. Would you like your balance to be assessed?  | Yes | No |
| 4. Do you experience dizziness or imbalance?  | Yes | No |
| 5. Do you lose your balance when stepping up/down curbs or stairs/steps?  | Yes | No |
| 6. Do you have a difficult time walking in the dark?  | Yes | No |
| 7. Do you have difficulty hearing?  | Yes | No |
| 8. Do you have osteoporosis, osteoarthritis and/or joint pain?  | Yes | No |
| 9. Do you take bone and/or joint supplements?   | Yes | No |
| 10. Do you experience muscle aches, pains and/or muscle cramping?   | Yes | No |
| 11. Do you use cold, heat or compression therapy at home?   | Yes | No |
| 12. Are you interested in learning how compression clothing with ice could help your condition?                         | Yes | No |
| 13. Are you interested in learning how home heat and/or cold therapy could help your condition?                         | Yes | No |
| 14. Do you have foot and/or ankle pain/discomfort?  | Yes | No |
| 15. Do you currently wear shoe inserts?   | Yes | No |
| 16. Are you interested in learning about how a shoe insert could help your condition?                                   | Yes | No |
| 17. Do you have pain and/or physical challenges other than what you are being seen for today?                           | Yes | No |
| 18. Would you like to get more information about your wholebody health?   | Yes | No |
| 19. Are you interested in learning how a medically based fitness program could safely optimize your physical condition? | Yes | No |